



Spring Conference 2019

Session Descriptions

FRIDAY SESSION DESCRIPTIONS

Choose either ONE all-day session [AB] OR choose a morning session [A] plus an afternoon session [B]

ALL DAY SESSIONS [AB SESSIONS]

9:00-4:30 [6 hours]

AB-01. Grand Articulation Summit

Join us for a day of great presentations and rich discussions on how we can support the Raise Up Oregon Early Learning System Plan. We will examine the professional learning vision for alignment and accessibility opportunities in Oregon. We will explore innovative practices for supporting our diverse profession and problem solve together on how we can expand and enhance those opportunities.

Pam Deardorff & Dee Wetzel, Oregon Master Trainers; Set Two in Personal, Professional and Leadership Development; Ages: N/A

AB-02. Risk Management and Emergency Planning for Oregon Child Care Programs

Emergency planning: A critical element of ensuring the health, safety and welfare of children and staff when disaster strikes—it is also so MUCH more. Designed to assist child care programs in Oregon maintain full compliance with current regulations, it provides a comprehensive examination of risk management and emergency planning specific to Oregon child care designed to ensure business continuation.

Anneliese Sheahan; Oregon Registry Master Trainer; Set Two in Family & Community Systems/ Program Management; Ages: N/A

FRIDAY MORNING [A SESSIONS]

9:00-12:15 [3 hours]

A-03. Research to Action: Creating Environments for Infants and Toddlers That Build the Foundation for Executive Function Life Skills

This interactive training explores research-based aspects of development of executive function life skills within the context of neuroscience of infant and toddler brain development beginning prenatally. Topics covered include emotional regulation, empathy, impulse control, resilience, and evidence-based methods for promoting these fundamental developmental skills. Training methods will include, small and large group discussion, didactics, and video.

Sherri Alderman, Oregon Registry Master Trainer; Set Two in Human Growth & Development/Understanding & Guiding Behavior; Ages: 0-5

A-04. Music and Movement for Infants and Toddlers: It's Brain Science Discovering the power of music and movement for development in infants and toddlers

Positive Behavior Interventions and Support (PBIS) is a research-based framework that is most successful when applied across all contexts of a student's school and afterschool experiences. In this session, participants will learn the basic components of a PBIS system and how afterschool staff can integrate PBIS strategies into their program.

Jenny Chavez, Oregon Master Trainer; Set Two in Human Growth & Development; Ages: 0-3

A-05. PBIS Basics for Afterschool Providers

Positive Behavior Interventions and Support (PBIS) is a research-based framework that is most successful when applied across all contexts of a student's school and afterschool experiences. In this session, participants will learn the basic components of a PBIS system and how afterschool staff can integrate PBIS strategies into their program.

Susan Zundel, Oregon Master Trainer; Set One in Understanding and Guiding Behavior; Ages: 5-17

A-06. Boys Can Make You A Better Teacher: Understanding how boys (and some girls) learn, play, relate, and communicate

We must reserve the alarming trend of boys being expelled from preschool and lagging behind academically. Frustrated with active boys who can't seem to sit still or listen? Wish you had more time to teach rather than just manage behavior? Discover how to match activities and learning environments to the distinct learning style of boys.

Janet Allison, Oregon Master Trainer; Set Two in Human Growth and Development; Ages: N/A

FRIDAY AFTERNOON [B SESSIONS]

1:15-4:30 [3 hours]

B-10. We Dig Dirt

Discover effective ways to facilitate meaningful infant/toddler learning experiences that are inspired by nature. We will examine and design outdoor play spaces for infants and toddlers and explore ways to link observations, documentation and assessment of children to help plan space, materials and next opportunities for each child. Many practical ideas for helping infants and toddlers grow up with a sense of wonder will be shared.

Debbie Buta, Oregon Master Trainer; Set Two in Learning Environments & Curriculum; Ages 0-3

B-11. EI/ECSE Alphabet Soup: How It Can Nourish Your Program

Every field has its own jargon. Early Intervention/Early Childhood Special Education (EI/ECSE) is no exception. In this interactive session, we will examine the individual Family Service Plan: What they look like, how to read them and how to utilize the information to benefit the children in your care.

Melinda Benson, Oregon Master Trainer; Set Two in Diversity; Ages: 0-5

B-12. Understanding Power Dynamics, Microaggressions, and Cultural Responsiveness in Service Work

This workshop is for anyone in any sector working with communities of color, vulnerable or underserved populations. We will define the vocabulary of microaggression and other power dynamics that often permeate direct service interactions. We will specifically address cultural and racial factors in how power dynamics and interactions are formed. As part of these topics, we will address how our practice can become more culturally responsive.

Anna Vo, Set One in Diversity, Ages: N/A

B-13. Introduction to the Environment Rating Scales (ERS)

What are the Environment Rating Scales (ERS) and how are they being used in Oregon's Spark? This introductory training will provide an overview of the ERS assessments. The Training will include discussion of the three basic needs of children addressed in the ERS scales and how the assessments will be used to support culturally responsive program planning.

Cori Brownell & Lacey Davis, Oregon Master Trainers; 2 hours in Set One in Observation & Assessment, Ages: All

Note: This session is only 2 hours long. We are working on an additional 1 hour Set One option for the last hour- please stay tuned!

SATURDAY SESSION DESCRIPTIONS

MORNING SESSIONS—Choose Either:

Keynote [C session] + 2 Hour Morning [D session]

--OR-- 3 Hour Morning [CD session, NO keynote]

--OR-- Keynote [C session] + 5 Hour All Day Session [DE session]

8:45-9:45 [C sessions, 1 hour]

C-15. KEYNOTE: Keynote: Imagination Yoga - Inspiring Kids to Move

In this fun and interactive keynote you will be introduced to Imagination Yoga and the many benefits of introducing yoga to young children. You will learn developmentally appropriate kids yoga poses, 1 adventure (kids yoga flow) supporting literacy and activities to intentionally practice kindness, calm and concentration. Integration ideas for directors, teachers, home-visitors and parents are introduced and self-care strategies for participants are explored.

Presenters: Jessica McClintic and Jamie Dix, Set One in Learning Environments & Curriculum, Ages: ALL

9:00 - 12:15 [CD sessions, 3 hours—Does NOT attend Keynote]

CD-23. Creating Positive Interactions in Spite of Our Biases and Temperaments

As humans, we are biased on one way or another. What we do with those biases can greatly affect adult-child interactions. During this session you will explore your personal biases and temperament traits to discover how they alter your ability to meet the diverse needs of children.

Crystal Persi, Oregon Master Trainer; Set Two in Diversity; Ages: N/A

10:00 - 12:30 [D sessions, 2 hours following keynote]

D-20. Promoting a Sense of Self in Infants and Toddlers

This session will describe what sense of self means for infants and toddlers and identify different ways adults can help promote sense of self for young children.

Debbie Buta, Oregon Registry Master Trainer; Set One in Human Growth & Development, Ages 0-3

D-21. CANCELLED

How can we support Gender-Expansive Children in Preschool?

D-24. Let's Wrestle! Supporting Rough and Tumble Play in Your Classroom

Teachers and parents often wonder: Is rough and tumble play dangerous? Does it make children more aggressive? Is there a place for rough play in our home, or in our school? Join us as we explore the many benefits-physical, cognitive, and social-of this vital play engaged in by young children of all ages. Participants will learn supportive guidance strategies and guidelines for safe physical environments as we deepen our understanding of the positive role symbolic aggression plays in children's growth and development.

Stephen Karmol, Oregon Master Trainer; Set One in Understanding and Guiding Behavior; All Ages

D-25. Exploring Perspectives on Family Engagement

Families are unique and family engagement looks different in every community. In this session participants will explore varying perspectives on family engagement and successful strategies for diverse communities.

Susan Zundel, Oregon Master Trainer, Set Two in Family Community Systems
Ages: N/A

D-28. Introduction to the Environment Rating Scales (ERS)

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Cori Brownell, Set One in Observation & Assessment, Ages: All

D-27. Comprensión y desarrollo de la regulación emocional

El enfoque de este entrenamiento es entender lo que supone la regulación emocional. Se analizarán los 5 productivos detonantes de estrés personal y en el trabajo. Los participantes conocerán algunas herramientas para la identificación y 5 productiva de las emociones de una manera sana y 5 productiva, de igual manera se ofrecerán técnicas de regulación emocional para niños de entre 2 y 4 años de edad.

Maruka Sada, Mental Health Therapist; Set One: Understanding and Guiding Behavior; Ages 2-5

10:00 - 4:30 [DE sessions, 5 hours following keynote]

DE-22. Leap into Science + Preschool Art

This training prepares educators to host Leap into science: wind workshops for children 3-10 and their families. This training introduces educators to the two workshops for children, as well as strategies for facilitating science and literacy learning in family workshops. Educators will practice facilitation techniques, and explore resources to lead Leap into Science programs.

Rachel Kessler, Oregon Master Trainer; 4 hours Set Two in Learning Environments & Curriculum; Ages 3-10

[Note: this session is only 4 hours. If you would like an additional hour, you may stay behind for a bonus training on preschool art for 1 hour Set 1 in Learning Environments and Curriculum

DE-26. School Age Summer Programs: The Happiest Place on Earth (Part 1)

In this session participants will review best practices for summer camp planning for school-aged children and discuss potential pitfalls before they happen. From the logistics of daily scheduling, to the big picture "wow" moments, we will work together so that you feel confident and ready to plan for three months of summer fun for your kids and staff.

Aiko Sato, Set One in Program Management; Ages 5-17

DE-26. School Age Summer Programs: The Happiest Place on Earth (part 2)

In this session participants will go beyond the basics of summer program logistics to plan an unforgettable summer learning experience. We will explore the details of content, scheduling, and engagement that make going to the summer program as fun and memorable as a trip to the amusement park.

Aiko Sato, Set Two in Program Management, Ages 5-17

AFTERNOON SESSIONS [3 hours] Choose One E session:

1:30 - 4:45 [E sessions, 3 hours]

E-31. Examinando y aplicando las influencias culturales en el

comportamiento desafinante (Examining and Applying Cultural Influences to Challenging Behaviors)

Participantes examinarán la influencia de la cultura en el desarrollo de la identidad y el comportamiento de los niños. Explorarán el papel de la familia y la cultura en el comportamiento y desarrollarán actividades culturales para promover la conducta positiva. Participantes desarrollarán estrategias para obtener más información acerca de la influencia de la cultura en el comportamiento desafiante de los niños en sus programas.

Juanita Estrada, Rocio Baker, Oregon Master Trainers, Set Two in Understanding and Guiding Behavior; Ages 3-5

E-32. Taking Care of Your Temperament: One Pathway to Taking Care of Yourself

This session will address how your temperament is connected with your personal stress level. You will examine your own temperament and how everything and everyone around you affects it. Awareness of these nuances can go a long way to helping you take better care of yourself. Plan to walk away with an action plan for keeping your “love cup” full.

Crystal Persi, Oregon Master Trainer; Set Two in Personal, Professional & Leadership Development; Ages N/A

E-33. Special Needs Don’t Stop When the Bell Rings!

Just because school time is over for the day doesn’t mean a child or youth’s needs end for the day! Come learn how to read IEP’s, take that information and use it to adapt activities that will help you continue to support the child’s development while in your care.

Melinda Benson, Oregon Master Trainer; Set Two in Special Needs; Ages 5-18

E-34. Trauma Informed Practices in Afterschool Programs

In this session participants will explore the effects of Adverse Childhood Experiences (ACE) on development and how those effects manifest in children’s behavior. The session will also explore strategies for limiting potential trauma triggers in programs and for self-regulation of emotions.

Susan Zundel & Kassy Rousselle, Oregon Master Trainers; Set Two in Health, Safety and Nutrition; Ages 5-17

E-36. Creating Nurturing Environments for Infant & Toddler Care

Explore space design and activities that promote nurturing learning environments. Interact with peers and participate in hands-on activities that support infant-toddler development. Create your own take-home sensory project, and see examples of low cost activities that support a variety of learning experiences.

Jenny Chaves, Oregon Master Trainer; Set Two in Learning Environments and Curriculum; Ages 0-3